

9 April 2012

Dear Beacon LOHAS,

Testimonial: "Power Up Your Health" with LOHAS Meridian Exercise session

On behalf of MindChamps, I would like to express our heart felt thanks to Beacon LOHAS for a wonderful and fantastically fun exercise session during our last company meet!!

Beacon LOHAS (Lifestyles of Health and Sustainability) delivered an insightful and engaging one-hour session to our staff in March 2012. Your presenter, Peng Tatt is highly knowledgeable in the Chinese Meridian system of wellness and health. With his charming personality and down-to-earth infectious humour, he connected well with our staff and provided many health tips that are relevant for the busy executive.

All-in-all, "Power Up Your Health" is a revitalizing session with a good dose of physical activities, great fun and useful information on health and wellness in equal measure!

Yours sincerely;

MindChamps Singapore Pte Limited